

## Highlander Coaching Staff

### Eric Johannsen, Head Coach/Off. Coordinator:

-Quarterbacks/Kickers/Punters

### Tosh Bixby, Varsity Assistant

-Wide Receivers

### Art Blunt, Varsity Assistant:

-Offensive & Defensive Linemen/Special Teams

### Rob Gilliam, Varsity Assistant:

-Tight Ends/Outside Linebackers

### Mike Jodoin, Varsity Defensive Coordinator:

-Running Backs/Inside Linebackers

### Don Lindsey, Varsity Assistant:

-Offensive & Defensive Linemen

### Aaron Schermerhorn, Varsity Assistant:

-Wide Receivers

### Steve Smith, Varsity Assistant:

-Defensive Backs

### FRESHMAN COACHES

**Troy Fennell, Freshman Head Coach**

**Andrew White, Freshman Assistant**

**Gabe Wilson, Freshman Assistant**



## 2009 Highlander Football

Eric Johannsen – Head Coach  
c/o North Eugene High School  
200 Silver Lane  
Eugene, OR 97404

Grades 3rd – 12th (Fall 2009)  
Non-Contact  
Located At North Eugene High School

HIGHLANDER FOOTBALL

## NORTH EUGENE HIGHLANDER FOOTBALL

### Summer Skills Camp



- ◆ Grades 3rd – 12th (Fall 2009)
- ◆ Non-Contact
- ◆ Located At North Eugene High

**Monday, August 17th –  
Thursday, August 20th**

## 2009 HIGHLANDER FOOTBALL CAMP

**Camp Registration For:**

No. Attending

**Highlander Football Camp** (August 17th – 20th) \_\_\_\_\_

**EACH HIGHLANDER CAMPER = \$40.00**

**Total:**

Make checks payable to: **North Eugene Football**

*\$100.00 maximum per family*

Name, Camper #1 \_\_\_\_\_ Grade – Fall 2009 \_\_\_\_\_ T-Shirt Size – Adult Sizes Only \_\_\_\_\_

Name, Camper #2 \_\_\_\_\_ Grade – Fall 2009 \_\_\_\_\_ T-Shirt Size – Adult Sizes Only \_\_\_\_\_

Name, Camper #3 \_\_\_\_\_ Grade – Fall 2009 \_\_\_\_\_ T-Shirt Size – Adult Sizes Only \_\_\_\_\_

Name, Camper #4 \_\_\_\_\_ Grade – Fall 2009 \_\_\_\_\_ T-Shirt Size – Adult Sizes Only \_\_\_\_\_

**Parental Release:** My child/children has/have my permission to attend the 2009 Highlander Football Camp. I hereby authorize the staff of the 2009 Highlander Football Camp to act for me according to their best judgment in any emergency requiring medical attention, and I hereby waive and release the camp and staff from any and all liability for any injuries or illnesses incurred while at camp. I have no knowledge of any physical impairment that would be affected by the above named camper's/campers' participation in the camp program, as outlined in the brochure. I agree that any additional expenses not covered by my insurance policy will not be the responsibility of the Highlander Football Camp, staff members, or 4J School District.

Parent/Guardian Signature \_\_\_\_\_ Date of Signature \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip Code \_\_\_\_\_ Emergency Contact Number \_\_\_\_\_

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c/o North Eugene High School  
200 Silver Lane  
Eugene, OR 97404

Grades 3rd – 12th (Fall 2009)  
Non-Contact  
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## Camp Information

The Highlander Football Camp is designed to help kickoff the 2009 football season by giving each participant a solid foundation in the basic football fundamentals and knowledge needed to excel at their specific positions. Each player will have the opportunity to be coached by members of the Highlander football staff through small-group



instruction, with emphasis on skill development, to give every player the individual attention needed for improvement and success.

This camp guarantees to increase each player's skill, conditioning, and understanding of the game through drills proven to maximize development as a football player. Come join the Highlander coaching staff in an ideal environment for an intense football learning experience.

### What each camper should bring:

- Athletic attire (Shirt, shorts, socks, etc.)
- Football shoes (Cleats are preferable, but not required)
- Personal beverage, if desired (Water will be provided)
- Great attitude and strong desire to improve and succeed!!!

## DAILY CAMP SCHEDULE

### HIGH SCHOOL CAMP(GRADES 9th – 12th)\*:

11:30 AM – 12:00 PM	Registration (Monday Only)
12:00 PM – 12:15 PM	Defensive Position Meetings
12:20 PM – 12:35 PM	Offensive Position Meetings
1:00 PM – 1:10 PM	Form Run/Stretching
1:10 PM – 1:20 PM	Fundamental Agility Stations
1:20 PM – 1:25 PM	Camp H <sub>2</sub> O Break
1:25 PM – 2:05 PM	Defensive Skills/Schematics
2:05 PM – 2:10 PM	Camp H <sub>2</sub> O Break
2:10 PM – 3:20 PM	Offensive Skills/Schematics
3:20 PM – 3:25 PM	Camp Surprise/Closing

**\*There will be camp on Friday, August 21st for 9th-12th grade only\***

### YOUTH CAMP(GRADES 3rd – 8th):

4:30 PM – 5:00 PM	Registration (Monday Only)
5:00 PM – 5:20 PM	Form Run/Stretching
5:20 PM – 5:30 PM	Fundamental Agility Stations
5:30 PM – 5:35 PM	Camp H <sub>2</sub> O Break
5:35 PM – 6:05 PM	Defensive Skills/Schematics
6:05 PM – 6:10 PM	Camp H <sub>2</sub> O Break
6:10 PM – 6:40 PM	Offensive Skills/Schematics
6:40 PM - 6:45 PM	Camp H <sub>2</sub> O Break
6:45 PM - 7:15 PM	Camp Activity/Competition
7:15 PM – 7:25 PM	Camp Surprise/Closing

